



CORONAVIRUS: WHAT TO DO UNTIL APRIL 3

What distance do I have to keep from other persons? At least one meter (3,28084 feet)

If I have fever? Above 37,5°C (99,5 Fahrenheit), call your general practitioner, remain at home and DON'T go to First Aid.

Can I go to other municipalities? Absolutely NOT, except in situations of necessity.

Can I move for health reasons? Yes, always.

Can I move for work? Also in another municipality? Yes, travel for work is allowed. When traveling for work, in the Red provincial area in between different municipalities, you should have a self-certification with you.

I am out of the Red/Orange zone, can I go back inside? Yes, you are allowed to return home.

Who should absolutely stay at home? The elderly, persons with illnesses and those with a weak immune system.

Masses and other religious functions will take place? NO

Medium and large sales areas? Closed during the holidays and on Saturday and Sunday, with the exception of food stores (supermarkets).

Pharmacies and para pharmacies? Open as usual.

Kindergarten, schools and Universities? Closed until April 3.

Meetings, conferences and events? Forbidden.

Pubs, cinemas, gyms, swimming pools, discos, museums, libraries? Closed.

Municipal offices? Almost all services are available online. Essential and urgent services are guaranteed.

Am I allowed to do food shopping? Yes, one person per family.

Am I allowed to have dinner with relatives? This is not a necessity. The logic of the decree is to stay as much as possible at home in order to prevent the virus to spread.

Can I go out for a walk with the children? Yes, in places that are not crowded and always maintaining the necessary distance. It is not forbidden to go out, but one must prevent the creation of gatherings, that is, not of people who already live in the same house.

Can I go to assist my dear elderly who are not self-sufficient? This is a necessity. However, one must keep in mind that the elderly are the persons most at risk, so try to protect them as much as possible from being contaminated.

Can I go to the nearest supermarket for groceries shopping? Yes, it is possible, but supermarket owners are required to establish a maximum number of people who frequent the place by ensuring the distance of one meter from each other.

In any case, supermarkets and shopping centers are closed on Saturdays and Sundays.

Can freight couriers circulate? Yes, they can move.

LET'S LOVE OURSELVES

ISTAYATHOME